Series: How to Keep it Together.

How to Keep Gratitude in your Heart.

November 22, 2026 • Colossians 3:16

Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Gratitude Is:

1. Recognition that your life is in _____.

2. _____ of your own sinful or needy condition.

Gratitude is the _____ of _____.

3. Proper _____.

Gratitude is the _____ of worship.

Leviticus 7 • 1 Chr 16, 23, 25, 29 • 2 Chr 5, 20, 29, 33
Ezra 3 • Nehemiah 11-12

4. _____.

Proverbs 11:2 *When pride comes, then comes disgrace, but with the humble is wisdom.*

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All Scripture quotes are from the English Standard Version unless otherwise noted.

Be Grateful By:

1. Notice what you have _____ than what you _____.

Proverbs 14:30 (NIV) *A heart at peace gives life to the body, but envy rots the bones.*

2. Write it down.

3. _____.

4. _____.

5. _____.

#1 - _____.

#2 - I am the _____ _____ person I know.

6. _____ it.

1 Timothy 4:4–5 *For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, 5 for it is made holy by the word of God and prayer.*